



# Hourglass

Safer ageing · Stopping abuse  
England

## SUSSEX ELDER ABUSE RECOVERY SERVICE

APRIL 2020

During the current Coronavirus crisis we are providing our service to clients through telephone support only. Our normal provision of one to one meetings and telephone support will be available again as soon as it is possible.

### WHAT WE CAN PROVIDE:

- Help finding social contacts and 'remote' activities. We will help clients find out what is accessible to them now, while they have to be at home, and can also start looking for things they may want to do in the future.
- Weekly calls will include checking if clients have the help they need with health, money and food, or any other problems, and we will contact appropriate services if required.
- Friendship and emotional support.
- Help to develop confidence, build resilience and move towards regaining independence.

### HOW TO CONTACT US:

Call, email or send Referral Form to:  
Project Co-ordinator Gail Shanahan  
Telephone: 07508 823975  
Email: [gailshanahan@wearehourglass.org](mailto:gailshanahan@wearehourglass.org)

### OUR SERVICE OPERATES IN:

Brighton, Hove, East Sussex and West Sussex.

### OUR SERVICE IS AVAILABLE:

Monday – Friday 9.00 am – 5.00 pm



Hourglass is the working name of Action on Elder Abuse.

A charity registered in England and Wales Reg. No. 1140543 and also in Scotland Reg. No. SC046278. Action on Elder Abuse is also registered as a company limited by guarantee in England and Wales Reg. No. 07290092