



Arun and Chichester

GOOD FOOD FORTNIGHT

20TH SEPT -
6TH OCT 2024

Programme of events & activities

A celebration of working together
towards good food for all,
now and in the future.



07435 808 549

www.arunchifood.org.uk

hello@arunchifood.org.uk

WHAT IS THE ARUN & CHICHESTER FOOD PARTNERSHIP?



The Arun and Chichester Food Partnership brings together community sector organisations, local authority representatives, charities and the local food industry to make good food accessible to all.

We work with many different organisations through local networks and are led by a steering group.

Working with our local groups and networks, we develop responses to local issues, identify possibilities, provide support and work to improve access to enough good food for everyone, now and in the future. Food that is good for health, the planet, communities and the economy.

This year, we won a coveted Sustainable Food Places Bronze award, acknowledging our work promoting healthy, sustainable and local food and tackling some of today's greatest social challenges; from food poverty and diet-related ill-health, to the disappearance of family farms and the loss of independent food retailers.

Find out more about our work at arunchifood.org.uk/work

WHAT IS THE ARUN & CHICHESTER GOOD FOOD FORTNIGHT?

The Arun and Chichester Good Food Fortnight is a programme of food-related activities and events across the two districts with the aims of:

- Celebrating local food projects that alleviate food poverty and improve access to food
- Encouraging growing, cooking and eating together
- Spotlighting businesses that champion local, sustainable and affordable food
- Making connections between organisations, businesses and individuals committed to improving the local food system
- Working together to create a good food movement.

We are calling on the residents of Arun and Chichester to get involved in the Good Food Fortnight - by attending events, taking part in activities and making a pledge towards a better food future:

**Buy
local**

**Waste
less**

**Grow
your own**

**Support
food
banks**

**Follow the
food
partner-
ship**

Find out more on arunchifood.org.uk/work/food-fortnight.

Make your pledges on social media tagging @arunchifood #ACGoodFoodFortnight and we will share your posts.

EVENTS

**Fri
20th
Sept**

Food Partnership at the Farmers Market, East Street, Chichester
9am – 2pm

Speak with officers from Arun & Chichester Food Partnership about the Good Food Fortnight while you enjoy the Farmer's Market. Join us to pick up your programme, for helpful information about local food alongside some fun activities to celebrate our fantastic food culture.

chichester.gov.uk/aboutfarmersmarket

free!

drop in

**Sat
21st
Sept**

Food Partnership at Angmering Revealed Angmering Community Centre, Foxwood Avenue, BN16 4FU, 10am – 4pm

Join the Arun Community Growers at this village community festival for kid-friendly fun with seed planting, badge making and crafts.

free!

drop in

Food-themed storytime and crafts, Rustington Library, Claigmar Road, Rustington, BN16 2NL, 11am – 12pm

Join in with a special library storytime all about food! Perfect for young children.

free!

drop in



The Arun and Chichester Food Partnership cannot take responsibility for third party events and all listings are subject to cancellation. Please contact the individual event organisers for more information about their listing/s.

UKHarvest Community Food Hub: Graylingwell Chapel, Graylingwell Drive, Chichester, PO19 6BZ
3.30pm–4.30pm

Get the support you need whilst helping to fight food waste. Access affordable food, learn low-cost cooking, and find support on a range of issues. Just bring a bag and a suggested donation of £5. No one will be turned away.

ukharvest.org.uk/education/community-food-hub

by donation

drop in

regular

Community Harvesting Day, Oaklands Park Community Orchard, behind Chichester Festival Theatre, PO19 6AP
10am – 12pm

We have a bumper crop this year and need help in harvesting it. All welcome! Hosted by Transition Chichester

free!

drop in

Tuppenny Barn Shop, Main Road, Southbourne, PO10 8EZ
9.30am – 12.30pm

Brimming with produce, buy fresh, seasonal, organic fruit and vegetables, eggs and other products.
tuppennybarn.co.uk/organic

drop in

regular

**Sun
22nd
Sept**

**Sunday ResBite Tea, Methodist Church, High Street, Selsey,
PO20 0RD**

3pm - 4.30pm

Bringing the community together for tea and chat. This fortnightly event eases loneliness and brings people together in a relaxed environment.

On Sun 6th October the same event will be at St Wilfrid's Church, 12 Church Road, Selsey, PO20 0LS

free!

drop in

regular

**Mon
23rd
Sept**

**Midhurst Community Lunch,
Midhurst Community Hub
Midhurst Methodist Church,
North Street, GU29 9DU**

Doors open 11.30am for tea or coffee, with a free cooked lunch served from 12.30pm. Guests are guaranteed a warm welcome that is intended to build opportunities for companionship, recognising that many people can feel lonely and isolated.

midhurstcommunityhub.co.uk

free!

drop in

**Relationships with Food
workshop, West Sussex Mind,
23 Maltravers Drive,
Littlehampton, BN17 5EY
3pm - 4pm**

Workshop about our relationship with food and how it impacts mental health. Open to West Sussex Mind's BeOk service users only. To find out more about Mind's services and how to access please visit westsussexmind.org

invite only

**Family Support Work drop-in,
Sylvia Beaufoy Centre,
Petworth, GU28 0ET**

A drop-in for parents supported by Family Support Work, including breakfast. To find out more about the charity Family Support Work and how to access their support please visit familysupportwork.org

invite only

regular

**Cooking on a Budget
workshop, Stonepillow
Chichester Hub, St Cyriacs,
Chichester PO19 1AJ**

Stonepillow support the homeless and vulnerably housed and will be launching a cooking-on-a-budget skills session during Good Food Fortnight. This is designed to empower clients to budget and cook value-for-money meals. Existing service users only; please contact to make a referral. lohagan@stonepillow.org.uk

invite only



Tues 24th Sept

Lunchtime Cabaret Club, Pallant Suite, Chichester, PO19 1SY, 12pm - 2pm

A monthly lunch-time club in the heart of Chichester with a cabaret ambiance designed to bring seniors looking for fun and friendship together for an afternoon of glamorous, cheeky fun. Includes a light lunch with unlimited tea and coffee top ups. £10 per person. Book here:

dawnsvintagedo.com/dickiebowsandpetticoatsclub

must book

regular

Grow Club at Turning Tides Hub Garden, 2 Arundel Road, Littlehampton, BN16 4LA 1pm - 3pm

Join our friendly weekly food growing club. Sessions are open to all aged 19+, we just ask that you let us know you are coming, so please contact Elise.Cooper@turning-tides.org.uk

free!

must book

regular

Weds 25th Sept

Food Conversations workshop, Sylvia Beaufoy Centre, Midhurst Road, Petworth GU28 OET - Starts at 10am

What do we really want from food? This in-depth, half-day workshop with free shared meal explores what people expect from the Government and businesses when it comes to food, and how the food system can deliver more for health, nature and climate. Spaces are limited to 15 per session. Contact hello@arunchifood.org.uk to book.

free!

must book



UKHarvest Community Food Hubs

Tangmere: The Village Centre,
Malcolm Road, Tangmere,
PO20 2HS, 10-11am

Selsey: Beacon Church Selsey,
Marisfield Pl, Selsey, PO20 0PD
2-3pm

ukharvest.org.uk/education/community-food-hub

by donation

drop in

regular

Visit the Angmering Community Allotment, Honey Lane, Angmering, BN16 4AB 3.30pm - 5.30pm

Visit during one of our allotment sessions led by Community Gardener Jason Glass and find out more about what you can do in the garden at this time of year and how to get involved with the Arun Community Growers.

facebook.com/groups/1335435293725472

free!

drop in

regular

Food Growing Workshop: Planting Hardy Greens, Worthing Road Allotments, Worthing Road, Littlehampton, 2pm - 4pm

Join the Arun Community Growers for a hardy greens planting workshop led by Community Gardener Jason Glass. Spaces are limited; please contact hello@arunchifood.org.uk to book.

free!

must book



**Weds
25th
Sept**



**St Peter and St Paul Pantry,
South Room, Church Hall, 77
The Street, Rustington, BN16
3NR, 10am – 12pm**

St. Peter and St. Paul's Pantry has created a safe and welcoming space where people in our community who are struggling to get by can top up their weekly food supplies. The Pantry opens its doors to the community every Wednesday at different times. They do not turn anyone away. Each household is allowed up to 10 items. The Pantry offers fresh vegetables, frozen meals, dried staple foods and hygiene items.

free! **drop in** **regular**

**UKHarvest Community Food
Hub, Parklands, 12th
Chichester Scout Group,
Sherborne Road, Chichester
PO19 3AB, 3pm – 4pm**

Affordable food, support and advice open to all. No referral needed.
ukharvest.org.uk/education/community-food-hub

by donation **drop in** **regular**

**Littlehampton Community
Fridge, St James' Church Hall,
1 East Ham Road,
Littlehampton BN17 7AN
2.30pm – 3.30pm**

Visit the fridge to help reduce food waste and take up to 5 free items per day. Open 6 days a week.
faredivide.org.uk/littlehampton-community-fridge

free! **drop in** **regular**

**Community Meal –
Southbourne & District Age
Concern, New Road,
Southbourne PO10 8JX**

Lunch and refreshments are provided for £6 every Wednesday for vulnerable or senior residents living in the area. The meal is alongside a quiz, a raffle, bingo or chair exercises and plenty of opportunity to socialise. Transport may be available for a donation. New members are always welcome. Contact: 07547813269 or ageconcernsouthbourne@gmail.com

must book **regular**

**Communities in Mind activity
session: how food helps with
good mental health, Bassil
Shippam Centre, Chichester,
PO19 7LG**

Quizzes, games and chat about all things foody in this activity session for Communities in Mind existing service users. To find out more about Mind's services and how to access, please visit westsussexmind.org

invite only

Community fridge on tour

Find the community fridge pop-ups in these locations every Wednesday:

- Angmering Community Centre, Foxwood Avenue BN16 4FU: 2.30pm – 3.30pm
- Rustington Methodist Church, Claugmar Road, BN16 2NL: 2pm – 3pm
- Conservative Hall, Sea Road, East Preston, BN16 1NN: 1.45pm – 2.15pm
- Wick, Chilgrove House, Wick, Littlehampton BN17 7JD: 1.30pm

**Thurs
26th
Sept**



Food for Friends, refugee cooking project

Part of Transition Chichester, Food For Friends supports locally settled refugees to cook food from their homeland together in a community centre. Facilitated by volunteers, this helps community building and shares techniques and experiences. There is a shared lunch and any surplus food goes back with their cooks to their families and friends. For details, please contact 07879 263 402.

transitionchichester.org/new-project-coming-food-for-friends

free!

must book



Cook-up at Littlehampton Community Hub, Littlehampton United Reformed Church, 1 High Street, BN17 5EG, 1pm - 3pm

Join Turning Tides as they cook up a free lunch from produce picked by the Grow Club. There will be games and giveaways, table tennis and a chance to hear more about the Grow Club.

free!

drop in



Together Time, Selsey Methodist Church, High Street, Selsey PO20 ORD, 10am-3.30pm

Together Time eases loneliness, bringing the community together with food, drinks and activities. The morning has tea, sing-song, a hot lunch followed by quizzes, further tea, cake and chat amongst other activities. You must be registered with the charity - call 01243 201616 to book.

free!

must book

Refill your Health: Pots-on-the-go - an Indian-Inspired Dahl workshop, Refilled Chichester, 30 North Street, PO19 1LX, 7.30pm - 9pm

Learn how to prepare wholesome dahl pots. The experience includes a mug of herbal tea, testers for tasting, all necessary ingredients, recipe to take home, and a hands-on experience within a wellness community. All you need to bring is a jar.

Tickets are £20. Please book online: refilledchichester.com/workshops-2

must book

Tuppenny Barn Shop, Main Road, Southbourne, PO10 8EZ 9am - 4pm

Brimming with produce, buy fresh, seasonal, organic fruit and vegetables, eggs and other products. Guest producers on Thursdays during Good Food Fortnight - a chance to find your new favourite local product.

tuppennybarn.co.uk/organic

drop in

UKHarvest Community Food Hub, East Wittering, United Reform Church, 2 Oakfield Avenue, East Wittering, PO20 8BU, 3pm - 4pm

Affordable food, support and advice open to all. No referral needed.

ukharvest.org.uk/education/community-food-hub

by donation

drop in

regular

**Fri
27th
Sept**

Food Conversations
workshop, Bognor
Makerspace, 58-60 Longford
Road, Bognor Regis, PO21 1AG
10am - 1pm

What do we really want from food? This in-depth, half-day workshop with free shared meal involves debating and discussing what people expect from the Government and business when it comes to food, and how the food system can deliver more for health, nature and climate. Spaces are strictly limited at 15 per session. Contact hello@arunchifood.org.uk if you want to find out more.

free!

must book

Friendly Foodie Friday,
Eastergate Village Hall,
Barnham Road, Eastergate,
PO20 3RP, 10am - 12pm

On the 2nd and 4th Friday of the month come along to pick up surplus food to prevent food waste. In partnership with UKHarvest. Donations are welcomed.

[facebook.com/EastergateVillageHall](https://www.facebook.com/EastergateVillageHall)

drop in

regular

by donation

Communities in Mind Art
Workshop, Laburnum Centre,
Bognor Regis, PO21 1UX

Food is the theme in this art session for Communities in Mind's existing service users. To find out more about Mind's services and how to access, please visit westsussexmind.org

invite only

Supporters Reception,
UKHarvest, Manor Farm Barns,
Selsey Road, Donnington
PO20 7PL

10am - 11.30am

This is an event to showcase and promote the work of UKHarvest to local organisations. To book email: donna.martin@ukharvest.org.uk with any dietaries/allergies. (spaces strictly limited)

free!

must book

Family Tea for families in
Chichester, Home-Start

Families registered with Home-Start are invited for a cooked meal to share and eat together. Includes activities for the children and an opportunity for families to meet in a relaxed and friendly environment. Recipes are provided to families to use at home. Find out more about how to access HomeStart's services:

home-startchichester.org.uk/

invite only

UK Harvest Community Food
Hub, Whyke, St George's
Centenary Centre, 43
Cleveland Road, Chichester,
PO19 7AD: 10am - 11am

Affordable food, support and advice open to all. No referral needed.

ukharvest.org.uk/education/community-food-hub

by donation

drop in

regular



**Sat
28th
Sept**

**Grandad's Front Room
'Foodielympics', 2-4 High
Street, Bognor Regis, PO21 1SS**

10am - 5pm

Grandad's Front Room provides a safe, warm space for a chat, a cuppa and a biscuit as well as emergency food for people in need. Join in some extra fun for the Good Food Fortnight as they host the Foodielympics - a series of fun food-based challenges like the Baked Bean Toothpick Challenge and Biscuit Dunk Wars.

free!

drop in

**Slow Grown Farm Foodie Tour,
Hoyle Depot, Graffham,
GU28 0LR, 3pm - 5.30pm**

A special tour for those of you who love fine food. You will start your experience at Slow Grown Farm HQ and set off on a walk to see Saddleback pigs roaming in the woods and rare-breed dairy cows living on pasture with their calves. You will learn about how Slow Grown Farm put soil health and animal welfare first.

Next will be a look round their unusual milking parlour, after which you'll be the first members of the public to be shown around their cheese and charcuterie production facility, with a chance to try all their grass-fed cheeses and artisanal charcuterie in a guided tasting, with sourdough from Chichester-based Serendipitous Bakery. After the tour our pop-up shop will be open for you to take home your favourites. The tour will be intimate at 15 spaces and costs £15 per person.

buytickets.at/slowgrownfarm/1354182

must book

**Gluten-free cooking demo &
tasting, Luckes Bistro, 69
North Street, Chichester, PO19
1LP, 10am - 10.30am**

**How to Have a Healthy Gluten-Free
Diet That Tastes Really Great Too!**

A talk, cooking demo and tasting with Mel Luckes a Chef-Nutritionist who has over 20 years professional experience and is Coeliac herself. The talk will take place at Luckes Bistro which she has run for the last 7 years. Her breakfast and lunch menu are almost fully gluten-free along with lots delicious gluten-free cakes baked in-house which you will have the opportunity to sample as part of the event.

Cost: £5. Call to book and pay the
Bistro 01243 971977

must book

**Tuppenny Barn Shop, Main
Road, Southbourne, PO10 8EZ
9.30am - 12.30pm**

See listing on 21 Sept

drop in

regular

**Food-themed storytime and
crafts, Littlehampton Library,
Maltravers Road,
Littlehampton BN17 5NA
11am - 12pm**

Join in with a special library storytime all about food! Perfect for young children.

free!

drop in



**Sun
29th
Sept**



**Slow Grown Farm Feed the Animals Tour, Hoyle Depot,
Graffham, GU28 0LR
11.30am - 12.30pm**

It's feeding time at the farm! Join Slow Grown Farm on a walk and help feed the Saddleback pigs their organic pellets in their woodland home, then afterwards you will head to the fields to move their rare-breed cows and their calves to new grass.

After the farm walk they'll fire up the BBQ and serve their 100% grass-fed beef burgers at 1pm - you can add a ticket for a burger to your order. There will be the chance to buy on the day but they can't guarantee availability!

Try all their cheeses and charcuterie in the pop-up shop, and they will have 100% grass-fed beef with steaks, mince, burgers, slow cooking cuts and roasting joints available to take home.

Tickets are £5 for adults and over 12s, under 12s go free.

buytickets.at/slowgrownfarm/1355422/

must book



**Magic of Compost Workshop,
Tuppenny Barn, Main Road,
Southbourne, PO10 8EZ
10am - 4pm**

How to make and manage your compost at home, how to use it, how to care for soil life and understand no-dig gardening. Suitable for beginners. £85 per person. Book places at tuppennybarn.co.uk/events

must book

**UKHarvest mark the
International Day of
Awareness of Food Loss and
Food Waste**

UKHarvest will be promoting a Food Waste Reduction challenge - Follow them on social media for more details.

ukharvest.org.uk

**Mon
30th
Sept**



**Food Conversations workshop, Jam Cafe, Chichester, 33
Southgate, Chichester PO19 1DP
Starts at 10am**

What do we really want from food? This in-depth, half-day workshop with free shared meal involves debating and discussing what people expect from the government and business when it comes to food, and how the food system can deliver more for health, nature and climate.

Contact hello@arunchifood.org.uk to find out more.

free!

must book

**Mon
30th
Sept**

Film screening: 'I could never go vegan,' Chichester Cinema at New Park, New Park Road, Chichester PO19 7XY, 6pm

A filmmaker sets out on a journey to find out the leading arguments facing the vegan movement and if they're justified. Powerful plant-based diet investigation.

Tickets available from Chichester Cinema and hosted by a Greener Screen by Transition Chichester. With complimentary vegan snacks and wine.

chichestercinema.org/film/i-could-never-go-vegan

must book



Midhurst Community Lunch – Midhurst Community Hub

See listing on 23 Sept

free!

drop in

Family Support Work drop-in, Sylvia Beaufoy Centre

See listing on 23 Sept

invite only

regular

**Tues
1st
Oct**

Food Partnership's Food Forum: Working Together Towards Good Food For All. Chichester Community Development Trust Community Hall, Donegall Avenue, Roussillon Park, Chichester, PO19 6DF, 1pm – 4.30pm

All organisations and businesses working towards better food locally are invited to attend and to help the Food Partnership celebrate our recent Bronze Award win from Sustainable Food Places. The event will feature speakers on a range of subjects including current projects, as well as time for networking. We will introduce our new membership scheme and help people join on the day. Email hello@arunchifood.org.uk or register here: forms.office.com/e/bEg8qyB8Cd

must book

free!

Harvest Celebration at Petworth Community Garden

This is to celebrate local food growing, thank their supporters & volunteers, and remember 'Jammy Dodger Jackie' who was a big part of the Garden. There will be live music, cakes and drink, raffle, craft, jam stall and tours of the new NoDig food plot. This is an invite-only event. To find out more about the project visit: growingforall.org.uk

invite only

Cookery for Children, Chichester Boys Club, 34 Little London, Chichester PO19 1PL 12.30pm – 1.30pm (8–11 years) 2pm – 3pm (11 years+)

Kids learn cooking skills with [Table Talk Foundation!](#) Suitable for beginners to more advanced young chefs. To book email Chris – youthleaderchiboyclub@outlook.com

must book

free!

**Tues
1st
Oct**

'Find out about your local food bank,' Bognor Food Bank, Argyle Hall, Argyle Road, Bognor Regis, PO21 1DY
3pm - 4.30pm

Come along to Bognor Food Bank to learn about what they offer, how they operate, how to access their support or get involved as a volunteer. Admission is an in-date can of food.

by donation drop in

Harvest collection for Turning Tides, Littlehampton Community Hub, United Reform Church, BN17 5BS
10am - 2pm

As part of Turning Tides' Harvest Collection, members of the public are invited to donate food items from their Wish List to help restock their shelves so they can provide nourishment to those experiencing homelessness.

by donation drop in

Grow Club at the Community Orchard, Maltravers Leisure Park, Littlehampton BN17 5EY
1pm - 3pm

Join our friendly weekly food growing club. Sessions are open to all aged 19+, we just ask that you let us know you are coming so please contact Elise.Cooper@turning-tides.org.uk

free! must book regular

**Weds
2nd
Oct**

Harvest collection for Turning Tides

See listing on 1st Oct

by donation drop in



UK Harvest Community Food Hub and cookery demo, Oving Jubilee Hall, High Street, Oving, PO20 2DQ, 9.30 - 11am (Cookery demo 9.30am and hub open from 10am)

Affordable food, support and advice open to all. No referral needed.

ukharvest.org.uk/education/community-food-hub

by donation drop in regular

Communities in Mind activity session: how food helps with good mental health, Laburnum Centre, Bognor Regis, PO21 1UX

Quizzes, games and chat about all things foody in this activity session for Communities in Mind's existing service users. To find out more about Mind's services and how to access please visit westsussexmind.org

invite only

Community Meal - Southbourne & District Age Concern

See listing on 25 Sept.

free! must book regular

**Weds
2nd
Oct**

**Food Conversation Workshop,
Creative Heart, 42 Beach
Road, Littlehampton, BN17 5HT**

What do we really want from food?
This in-depth, half-day workshop with
free shared meal involves debating
and discussing what people expect
from the Government and business
when it comes to food, and how the
food system can deliver more for
health, nature and climate. Contact
hello@arunchifood.org.uk if you want
to find out more.

free!

must book

**St Peter and St Paul Pantry,
Rustington 4pm - 6pm**

See listing on 25 Sept but note time.

free!

drop in

regular

**Thurs
3rd
Oct**

**UK Harvest Community Food
Hub, Sylvia Beaufoy Centre,
Midhurst Road, Petworth,
GU28 0ET: 10am - 11am**

Affordable food, support and advice
open to all. No referral needed.

ukharvest.org.uk/education/community-food-hub

by donation

drop in

regular

**Tuppenny Barn Shop, Main
Road, Southbourne, PO10 8EZ
9am - 4pm**

See listing on 26 Sept

drop in

**Family Tea for families in
Midhurst area, Home-Start**

Families registered with Home-Start
are invited for a cooked meal to share
and eat together. To find out more
about how to access HomeStart's
services visit them online: [home-
startchichester.org.uk/](http://home-startchichester.org.uk/)

invite only

**UK Harvest Community Food
Hub, Bognor Youth and
Community Centre, Westloats
Lane, Bognor Regis, PO21 5JZ
10am - 11am**

Affordable food, support and advice
open to all. No referral needed.

ukharvest.org.uk/education/community-food-hub

by donation

drop in

regular

**UK Harvest Community Food
Hub, Swanfield Park
Community Centre, Swanfield
Drive, Chichester, PO19 6TH**

Affordable food, support and advice
open to all. No referral needed.

ukharvest.org.uk/education/community-food-hub

by donation

drop in

regular

**Together Time, Selsey
Methodist Church, High Street,
Selsey, PO20 ORD, 10am -
3.30pm**

See listing on 26 Sept

free!

must book



**Fri
4th
Oct**

**UKHarvest at Chichester
Farmers Market, East Street,
Chichester, 9am – 2pm**

UKHarvest will be hosting a general awareness stand at Chichester Farmers Market. They will be giving out quality surplus rescued food, sharing info about their Community Food Hubs, FREE education resources and sharing food waste tips and recipes as well as recruiting volunteers and providing general awareness about the work of UKHarvest.

free!

drop in

**Sat
5th
Oct**

**Community Apple Day,
Maltravers Community
Orchard, Maltravers Leisure
Park, Littlehampton BN17 5EY
11am – 3pm**

Join us to find out more about the orchard and how to get involved, taste some freshly pressed apple juice and learn more about local projects. Enjoy food-themed crafts for all the family.

free!

drop in

**Plant-based Asian Fusion
Cookery Workshop, Henry
Warren Hall, Nyewood,
GU31 5HXL, 9.45am – 1pm**

Eco Rother Action is hosting this cookery workshop, run by Lulu from Lux Organic. This workshop will include demonstrations, hands-on cooking plus tasting experiences and is suitable for all levels. It costs £35 and needs to be booked in advance - email luxorganic2023@gmail.com

must book

**UK Harvest Community Food
Hub, Graylingwell Chapel**

See listing on 20 Sept

by donation

drop in

regular



**Bognor Regis Surplus Food
Truck by F.E.D. CIC & Food
Rescue Club, various
locations in Bognor Regis**

FED and Food Rescue Club are collaborating to bring a food truck to Bognor Regis serving dishes made from rescued and surplus food. They will issue in advance a limited number of free 'tokens' via local groups for members of the public to attend the food truck and collect freshly made food items. Additionally, they will be serving meals to the public for a donation.

To find out details & locations visit facebook.com/FEDcommunitykitchen

free!

drop in

by donation





**Good Food Fortnight
Special Offer: Wayside
Organics**

Local organic growers
Wayside Organics are
offering one free small
organic fruit box to any new
veg box subscribers during
Arun and Chichester Good
Food Fortnight.

Find out more and order here:
waysideorganics.co.uk



**Need help with transport
to the events?**

Book-a-bus is a flexible, on-
demand service for areas
with limited or no bus
service. Find out more at:


[www.westsussex.gov.uk/
book-a-bus](http://www.westsussex.gov.uk/book-a-bus)

Or check out Community
Transport Sussex's Dial-A-
Ride:

www.ctsussex.org.uk/locations

THANK YOU FOR JOINING US



Have your say on the
Fortnight by providing your
feedback using the link
below or QR code. 
[https://forms.office.com/e/
hABdnpyf3F](https://forms.office.com/e/hABdnpyf3F)



Phone
Website
Email
Social Media

07435 808549
www.arunchifood.org.uk
hello@arunchifood.org.uk
[@arunchifood](https://www.arunchifood.org.uk)



The Arun and Chichester Food
Partnership is a multi-agency
partnership hosted by Arun and
Chichester Citizens Advice,
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