



Music & Memories

Free monthly community social events for mind and body

with
**MICHAEL
FRY**
Entertainer

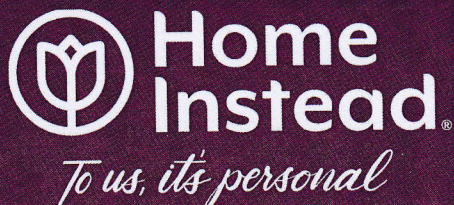
Willowhale Community Centre,
Bognor Regis, PO21 4JF

Thursday, 17th November
11am - 1pm

Family members and carers are very welcome!

- **Free to attend** for local people including those living with dementia, Parkinson's disease and other long term illnesses
- Please **call 01243 884111** to confirm your attendance
- Refreshments available: tea, coffee & cake!

Sponsored by:



01243 884111
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