



## ALDWICK PARISH COUNCIL NEWSLETTER – July/August

### We have vacancies for Parish Councillors



Are you passionate about local issues? Would you like to serve the residents of Aldwick in a constructive way? Then you might like to join our friendly but dynamic team of Parish Councillors here at Aldwick Parish Council. Our councillors do everything from consulting with Arun District Council on planning applications, dealing with queries from residents or acting to plant more trees in Aldwick. There really is something new all the time. Why not give the Clerk a call or send an email to find out more. These positions are on a voluntary basis.

### Stay Safe this Summer – and not just from Covid!



At the time of writing, we don't yet know whether all Covid restrictions will be lifted, but whether they are or not, please remember to stay safe this summer. We should all continue to keep our distance indoors and out. But it's not just Covid that can cause problems in summer. Do remember to stay safe on our beautiful beaches as well. Don't forget your sun

screen on hot days and never swim too far from the shore. Fires are another danger in summer. Mark Andrews, Deputy Chief Fire Officer for West Sussex Fire and Rescue Service, warns that your disposable barbeque should be fully cooled before you get rid of it. 'To avoid starting a fire, you should allow it to cool for several hours and then pour copious amounts of water over it to make sure it is out before putting it in the bin. '

### Discretionary Grants



This month (July) we'll be announcing our discretionary grant period. Grants are available to groups or organisations which serve the residents of Aldwick in a valuable way. Please keep an eye on our website where forms will be available to download.

### Do you look after someone? Find out how you can get support



If you're one of the 100,000 people are thought to be regularly caring for a friend or family member in West Sussex, then you are probably under even more stress than usual during the pandemic. Even if you missed Carers Week in June, you can still get help if you need it. The organisation Carers Support can offer you lots of info and advice and even a free [Carers](#)

[Discount Card](#), which gives carers a range of exclusive offers and discounts. You can contact them at [www.carerssupport.org.uk/](http://www.carerssupport.org.uk/).